		Thesen Island		Simola		Terblans CP #1		Diepwalle CP#2		Diepwalle CP#3		**Final Climb**		**Tower**
Total Distance	56 KM	0 KM		7.7 KM		17.2 KM		30.5 KM		44.5 KM		54.2 KM		56.3 KM
Distance Difference			7.7 KM		9.5 KM		13.3 KM		14 KM		9.7 KM		2.1 KM	

		Thesen Island		Simola		Terblans CP #1		Diepwalle CP#2		Diepwalle CP#3		**Final Climb**		**Tower**
Total Distance	50 KM	0 KM		7.7 KM		17.2 KM		30.5 KM		38.9 KM		48.6 KM		50.7 KM
Distance Difference			7.7 KM		9.5 KM		13.3 KM		8.4 KM		9.7 KM		2.1 KM	

Total Distance	43 KM	Thesen Island		Simola		Terblans CP #1		Diepwalle CP#2		**Final Climb**		**Tower**
Distance Difference		0 KM		7.7 KM		17.2 KM		30.5 KM		40.3 KM		42.4 KM
			7.7 KM		9.5 KM		13.3 KM		9.7 KM		2.1 KM	

Total Distance	35 KM			Simola		Terblans CP #1		Diepwalle CP#1		**Final Climb**		**Tower**
Distance Difference				0 KM		9.5 KM		23 KM		32.8 KM		34.9 KM
					9.5 KM		13.3 KM		9.7KM		2.1 KM	